

PERLASIUM

SPA RITUALS

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PSYCHO-PHYSICAL REBALANCING

LOCALIZED MASSAGE

A soft and hydrating localized massage for a pleasant sensation of wellbeing.

€ 65.00 | 20 minutes

MYORELAXING MASSAGE

Muscle relaxing massage aimed at improving oxygenation and regenerative processes of skin tissues. The guest has the opportunity to choose among our selection of excellent oils.

€ 130.00 | 50 minutes

STONES OF WELLNESS

Myofascial treatment for a relaxing and anti-fatigue effect with the use of hot stones in alternation with deep and relaxing manual maneuvers.

€ 140.00 | 50 minutes

€ 210.00 | 80 minutes

NUN MASSAGE

Decontracting massage that uses stretching and acupressure maneuvers. It acts on the deeper muscles and on the circulation, creating a detoxifying and regenerating effect.

€ 170.00 | 50 minutes

OUR RITUALS

BODY EXFOLIATION

Massage with fine-grained lime sea salt in sweet almond oil, vitamin E and lemon essential oil. Gently smoothes the body giving a wonderful feeling of vitality and energy.

€ 140.00 | 50 minutes

HAMMAM RITUAL

Complete treatment for body and face created exclusively for couples that takes place in the intimacy of our authentic Roman Cistern. Immersed in this romantic atmosphere, let yourself be pampered by an exfoliation on heated stone, followed by a gentle relaxing massage. A ritual of purification and cleansing for the body but also an intense moment for the spirit.

€ 360.00 | 80 minutes | for two people

BODY CARE

LIGHT LEGS

Treatment and massage aimed at sensations of swelling and edematous situations on the legs and abdomen with the application of bandages soaked in concentrated active ingredient with draining and modeling purposes.

€ 180.00 | 80 minutes

MANICURE

Beauty spa treatment and hand and natural nail care.

€ 60.00 | 50 minutes

PEDICURE

Beauty spa treatment and deep and personalized care of feet and natural nails.

€ 80.00 | 50 minutes

FACE CARE

PERLASIUM HEXAPEPTIDE - Antiage

Treatment designed for the face, neck and décolleté. It counteracts the signs of aging thanks to the use of a formulation of functional substances with a lifting effect such as Organic Silicon, Hyaluronic Acid and Exapeptide-19 (botox-like). It includes a stimulating connective tissue massage to stretch the skin and release tension from the muscles.

€ 190.00 | 80 minutes

PERLASIUM VITAMINUM - Hydrating

Intensive moisturizing and redensifying treatment based on Hyaluronic Acid, shea butter, donkey milk and vitamin C and E. After a careful cleansing and an accurate evaluation of the skin, we proceed with a personalized beauty routine based on the degree of dehydration with a massage that counteract the loss of tone of the face.

€ 150.00 | 50 minutes

PERLASIUM REGENERANS - Purifying

Treatment aimed at rebalancing skins that tend to be impure and uneven with a Mandelic Acid peeling which has antibacterial and illuminating properties. The treatment ends with a lymphatic drainage massage for a detoxifying effect.

€ 110.00 | 50 minutes

AYURVEDA MENU

PADA ABHYANGA

Massage localized from the feet area up to the knee. It has various benefits such as preventing dryness and numbness of the foot. Deep manual skills are used with windings, clutches and pressures.

€ 90.00 | 25 minutes

SHIRODHARA

A flow of hot oil that starts from the forehead and reaches the scalp, stimulating the sixth chakra and giving a deep state of relaxation with introspective stimulation. By improving the sensory perception, it helps eliminate negative emotions and thought patterns.

€ 90.00 | 45 minutes

AYURVEDIC MASSAGE

It puts the body and mind in a state of wellbeing. This massage prevents aging processes, strengthens and improves the nervous system. It increases circulation, eliminates toxins from the tissues and, by restoring the balance of the chakras, calms emotions by reducing anxiety and stress.

€ 140.00 | 50 minutes

AYURVEDIC MASSAGE & SHIRODHARA

Massage and treatment that allows relaxation of body and mind with greater sensory benefits. It is an inner journey to discover oneself, by opening the energy doors of the sixth chakra, eliminating emotional toxins and negative mental states.

€ 220.00 | 80 minutes

GAYATRI

In our Roman cistern a cleansing of the body is carried out with a black Moroccan soap, olive oil and eucalyptus extract. Following, an ayurvedic massage that will help to promote and stimulate psychophysical well-being.

€ 190.00 | 80 minutes

€ 350.00 | 80 minutes | for two people

HOW TO ENJOY THE NUN SPA MUSEUM

Nun Spa Museum is open every day from 9:00 a.m. to 8:00 p.m.

Reserving the Nun Circuit, the courtesy kit including bathrobe, slippers, towel and shower gel will be provided. The locker rooms are equipped with hairdryer. All the guests have to wear their personal swimming suits in order to use the relaxing pools and public areas.

It will be a pleasure for our Nun Spa Staff to give suggestions to use the Nun Circuit.

In order to avoid unpleasant setbacks, we kindly ask our guests to respect treatments and massages' times. In case of delay, the treatment or the massage's time could be reduced without any refund in order not to penalize the next guests. It is kindly recommended to make the reservation in advance to have a wider possibility of times.

In case of health problems or pregnancy, we kindly invite our guests to consult their doctor before the appointment.

Children are not admitted under 16 years. From 16 to 18 years, only accompanied by parents.

In order to maintain the excellent quality that we offer, the Management reserves the possibility of making changes to this treatments list. Cancellation is possible without penalty if it is performed 24 hours before the appointment; after that term or in case of no-show the total amount will be charged.

